

Find Your Passion Try-It Schedule

Saturday, August 25th, 9am – 3pm, Woolwich Memorial Centre (24 Snyder Ave South, Elmira)

Time	Community Centre	Outside	Jim McLeod Ice Pad	Pool	Lobby
9:00 – 9:30	Adaptive Gymnastics	Tennis & Wheelchair Tennis	Sledge Hockey Free Skate Woolwich Learn to Skate		Information Tables Boccia games Robotics Mermaid Photo Booth
9:30 – 10:00					
10:00 – 10:30				Goal Ball	
10:30 – 11:00				Dance	
11:00 – 11:30	Wheelchair Basketball	Adapted Bikes & Race Runners			
11:30 – 12:00	Wheelchair Rugby				
12:00 – 12:30	Music / Boccia	FREE BBQ Lunch!!!			
12:30 – 1:00	Wheelchair Basketball				
1:00 – 1:30	Wheelchair Rugby	Adapted Bikes & Race Runners			
1:30 – 2:00	Blind Soccer				
2:00 – 2:30	Drama / Boccia			kW Synchro Demo ROW Swim club Adapted Floatation	
2:30 – 3:00	Wheelchair Basketball				

Organization	Important times	Information
KW Gymnastics	9am – 10am	Adaptive Gymnastics staff will be on hand to show you what their program is all about! Test out their equipment in the community centre from 9am – 10am, or visit them at their information table until 2pm
Woolwich Sledge Hockey	9am – 12pm	Come test out a sledge and practice some sledge hockey drills with coaches from the Woolwich Sledge Hockey program! Bring your skates as well, as there will be lots of room on the ice for families to enjoy a spin around the rink and get warmed up for the soon-to-be-here skating season! Don't forget your warm clothes, skating helmets, and gloves (hockey gloves if you have them!)
Ontario Blind Sports Association	10:00 – 10:30 1:30 – 2:00	Come put all your senses to the test and learn how blind athletes play soccer and Goal Ball (a fast paced sport developed specifically for people with visual impairments.) Learn about the special balls and other equipment they use to create an equal playing field for all athletes! Glen and Barbara will also be available all day to meet families and answer questions at their information table.
Dance Adventure	10:30-11:00	Come get your groove on with the instructors from Dance Adventure's DARE program. Learn about their DARE Jr. & Sr. programs, as well as how they help young dancers with special needs to integrate into

		other studio classes. Visit them at their information table all day.
Spinners Wheelchair Basketball	11:00 – 11:30 12:30 – 1:00 2:30 – 3:00	Come see why so many people love this exciting sport. Test out a sport chair and see how you play the game when you don't have to worry about your standing balance (and see how you do when the net is that much further away!!) We scheduled it in three times because we know you're going to love it that much!
Imamovic-Ayer Tennis Academy	9am-11am	One of the coolest things about wheelchair tennis is that a wheelchair player can play against a stand up player, making this sport a pretty awesome physical activity for the whole family! Come give it a try from 9am to 11am outside. Make sure to connect with Joel early, as they can only stick around until 11am!
Wheelchair Rugby	11:30 – 12:00 1:00 – 1:30	Have you ever wondered why they call this sport Murderball! (Don't worry, they've promised to go easy on any new players ☺) Wheelchair rugby is a fast paced, competitive sport for athletes with quadriplegia. Come out and see if you can keep up with our local players!
Purple Stage Door Productions	2:00 – 2:30	Come learn about why everybody belongs in a drama program! Connect with Tara at her information table through the day, and come see what her programs are all about in the community centre from 2-2:30
KiJingle Music	12:00 – 12:30	Don't worry, we'll save a hot dog for you! Come experience a music class with KiJingle from 12:00 – 12:30, or visit Emily Carruthers, KiJingle owner and Music Therapist at her information table all day!
Boccia with SSA	12:00 – 12:30 2:00 – 2:30	Boccia truly is a sport for everyone! KidsAbility and Sports for Special Athletes are excited to be partnering to bring this sport back to our region this fall. Come give it a try, test our new equipment, and learn how the game is played all the way from the backyard to the Paralympics!
KW Sychro	2:00 – 3:00	You'll have plenty of time to learn about their program and try out the MERMAID PHOTO BOOTH at their information table all day, but only an hour to see what this sport is all about! Come watch their demonstration from 2-3pm and connect with head coach, John, to find out if this might just be the sport for you!
ROW Swim Club	2:00 – 3:00	Come test your strokes with the coaches of the Waterloo Region Swim Club who are experienced with Para-Athletes. Get tips and tricks to improve your form, and learn what joining a swim club is all about.
KidsAbility	11:00 – 12:00 1:00 – 2:00 2:00 – 3:00	KidsAbility recreation therapists will have several adapted bikes and Race Runners available for participants to try, as well as be available to share some tips and tricks for transitioning to two wheels. From 2-3, join us in the pool to explore some of the adapted floatation options available to support safety and independence in the water. Visit their information table to pick up the latest program information from Firefly Therapy Services!
WRFN		Come by the information table to learn about the great programs, supports and services available

Additional Skating Information: Approximately 15 sledges of various sizes will be available for participants to try. Some hockey gloves and helmets will also be available, however participants are encouraged to bring their own if possible. Families are encouraged to bring their skates and enjoy some free skating time in a sensory-friendly environment. Some skating aids will be available. Dressing Rooms # 4 & 6 will be available for us to use.

Additional Swimming Information: Come watch a synchro demonstration or connect with a ROW Swim Club Coach experienced in coaching Para-Swimmers. Meet with a KidsAbility Recreation Therapist in the warm leisure pool to explore various floatation options to promote safety and independence in the water and/or just enjoy free swim time. Young swimmers are required to check in at Customer Service to receive a swim band prior to entering the pool area.

Other Important Information:

- Two accessible change stations are available in the Family Change Room for participants who require these facilities